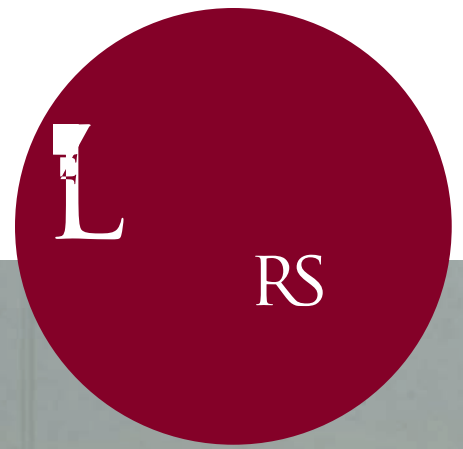


**CLINICAL MENTAL HEALTH COUNSELING, M.A.**  
GRADUATE PROGRAM

Achieve More.



**CLINICAL MENTAL HEALTH  
COUNSELING, M.A.**

GRADUATE PROGRAM

Adult Clinical Mental Health Counseling | Child and Adolescent Clinical Mental Health Counseling |  
Advanced Training Program in Addiction Studies



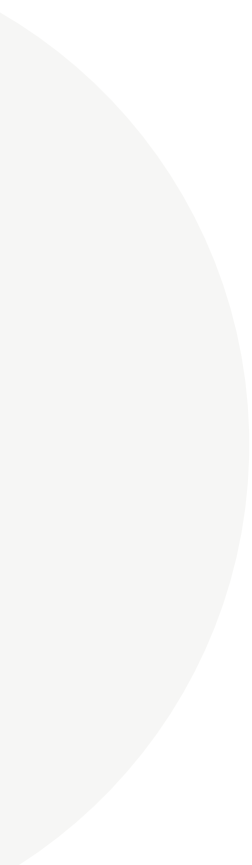
My philosophy as an educator is simple: to be a good teacher, one must be a good student. As a teacher educates, he/she is also being educated

# Welcome

Thank you for your interest in our Master of Arts in Clinical Mental Health Counseling Program at Lewis University. Our program began in 1993 and has continued to grow rapidly since its inception. Approximately 100 students are enrolled in the program. Students come from a wide range of personal and professional backgrounds. Some students are currently in the mental health field, while others come to our program making a complete career change from a non-mental health field. Students are both full- and part-time and our program is designed to meet students' needs. We fully understand that students have family, career and personal responsibilities. Almost all of our courses are taught in the evenings with weekend workshops available for elective credit. We also have several fully online course offerings.

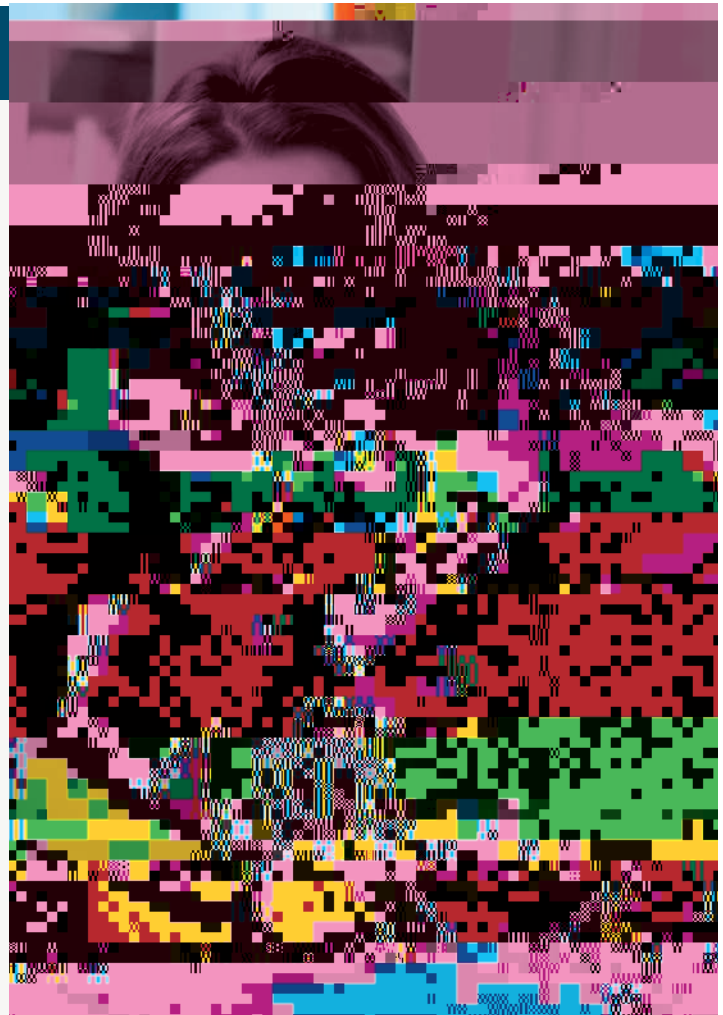
Our program has three areas of concentration allowing students to specialize. The Child and Adolescent Counseling Concentration is designed for students who want to work primarily with children and adolescents. This concentration has specialized courses designed to prepare students to work with this challenging population. The Adult Clinical Mental Health Counseling Concentration is designed for students who are most interested in working with adult clients. The Advanced Training Program in Addiction Studies allows students the opportunity to take specialized coursework and training in the addiction field.

In addition to teaching, our faculty currently work in the field in a wide range of settings (e.g. private practice, psychiatric hospitals, the Department of Corrections, counseling centers, community mental health, etc.) and have diverse areas of expertise. We model and teach specific counseling skills and share our own real-world counseling experiences so that students can learn from both our mistakes and successes.



## Dr. Kimberly Duris Assistant Professor

"Welcome to Lewis University's Clinical Mental Health Counseling program! I have over 14 years of professional work experience in the mental health field, including work with dually diagnosed adolescents, severe-chronically mental ill adults, my own private practice office, and community mental health work setting, consulting, and clinical supervision. My clinical experience provides me with the opportunity to bring real-life professional experiences into the classroom. One of the many attractive qualities of this program is that not only are the professors in the program skilled at teaching students the necessary academic materials, they are also trained clinicians who are able to integrate specific areas of counselor competencies in their classroom teaching. At Lewis, you will find that the professors are knowledgeable, approachable, and sincerely interested in training the next generation of professional counselors."



## Admission Standard

Admission to the graduate program in psychology is based on academic and personal qualifications of the applicant. It is made without regard to race, color, religion, age, gender, irrelevant handicap, national or ethnic origin, or disability.

All students must present evidence of a baccalaureate degree awarded by a regionally accredited institution of higher education and a completed application which includes a personal statement of professional goals. Because this program is directed toward adults, it is expected that personal maturity and experience are prime indicators of success in the program. Although the Clinical Mental Health Counseling program does not require a criminal background check, applicants should be aware that many internship sites and potential employers will. There are three enrollment categories for students in the program.



# Clinical Mental Health Counseling

Degree Offered: **MA**

Total Credit Hours Required: **60**

## Objective

The Master of Arts in Clinical Mental Health Counseling program is designed for those who are seeking to develop or refine job-related psychological skills and knowledge. There are three concentrations within the program. First, the Adult Clinical Mental Health Counseling Concentration, is a traditional counseling track, preparing students for work in the mental health field with adult populations. Second, the Child and Adolescent Clinical Counseling Concentration, is designed to train students to provide counseling services to children, adolescents, and families in both public and private settings. Both concentrations apply theory and research to practical problems of human adjustment and development. Goals for the program follow the recommendations of the American Counseling Association and meet the State of Illinois requirements so that students can sit for counseling licensing exams. The third concentration, Advanced Training Program in Addictions Studies, has been developed to:

- Provide a knowledge base in relevant areas of psychology and counseling, including personality, psychopathology, therapy, multicultural issues, and evaluation and assessment.
- Expand student skills in interviewing, assessment and techniques of therapy.
- Create student understanding of client uniqueness, multicultural sensitivity, and student attitudes of flexibility in their work with clients.
- Endorse student development of appropriate ethics and professional identification.

## Concentration A:

### Adult Clinical Mental Health Counseling

#### I. CORE COURSES 57

50500	Research in Counseling
51100	Individual Appraisal
51200	Interviewing Skills
51400	Introduction to Clinical Mental Health Counseling
52000	Advanced Developmental Psychology
52200	Career Development Theory
54100	Psychopathology
55200	Clinical Psychopharmacology
55300	Crisis Intervention and Treatment of Trauma
56500	Group Dynamics and Counseling
56700	Treatment of Substance Abuse
57300	Counseling Theories: I
57700	Counseling Theories: II
57500	Family Dynamics and Counseling
57800	Professional and Ethical Issues in Counseling
57900	Multicultural Issues in Counseling
58000	Models and Theories of Clinical Supervision in Mental Health
58500	Practicum in Counseling
59000	Internship in Counseling

#### II. ELECTIVE 3

Three credit hours may be chosen from graduate psychology, education, criminal/social justice, business, nursing, or leadership courses. Three one-credit workshops may take the place of this elective course.





Apply Today





